

# ***Local Food Supply – Resiliency Cornerstone***

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# Securing a reliable food supply

Transitioning from a food system that costs our communities to one that builds them up

- Addressing Nutritional Poverty
- Sharing the responsibility of good food for all
- Community Food Mentors
- Rebuilding rural economies and communities
- Scaling up the demand for good food
- Gaining local food sovereignty and autonomy



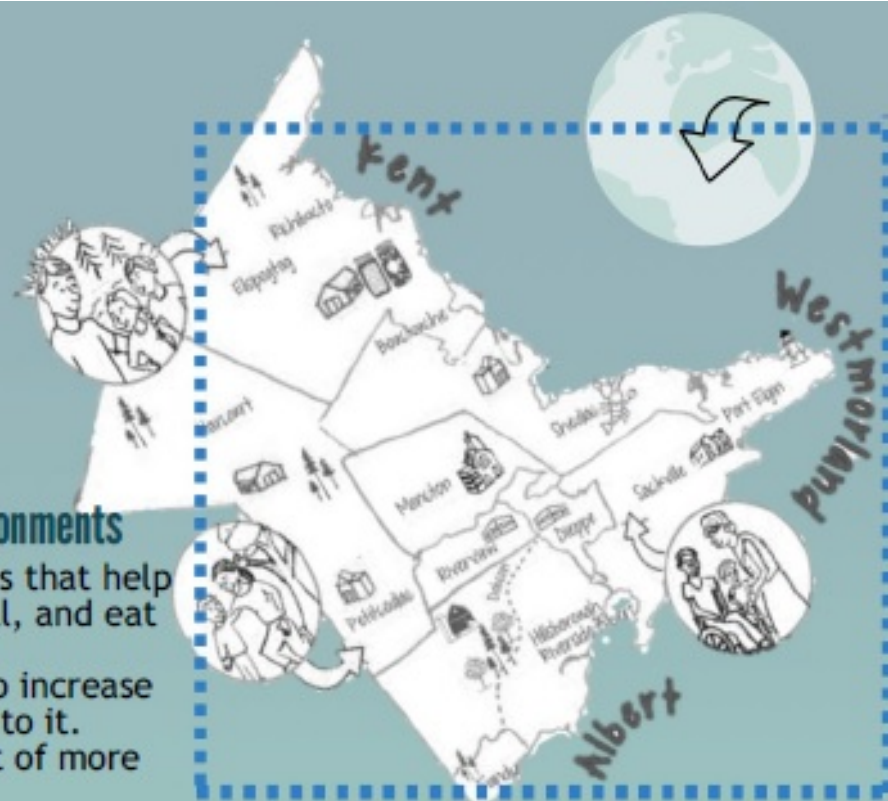




## Creating Positive Food Environments

Positive food environments are the physical and social spaces that help to normalize healthy eating by making it easier to grow, sell, and eat good food.

We work at the individual, community and systemic level to increase the availability of nutritious food as well as our access to it. In doing so, we actively involve people in the development of more localized food systems.




*Foods of the Fundy Valley*



**United Way  
Centraide**

Greater Moncton and  
Southeastern New Brunswick

# Nutritious Food in Our Schools

- Academic potential cannot be met on an empty stomach – breakfast, lunch and after school meals - Student love to be involved and inter-school collaboration is needed
- Kids want to be involved in their food system, from getting to know the farmers that supply their cafeteria to growing, cooking and selling their own food
- Schools can provide a large portion of their own food and generate income when they are given a chance!
- Gardening and cooking projects have a major impact on kids with social challenges





# The Community Food Center Model

Taking Action from the individual to the systemic level

- From food literacy to active engagement in changing our food system

Believing and investing in the power of good food

- It takes more than donating non perishable high in preservatives salt and sugar!
- All food program participants need good food – Donors, volunteers, staff and families.  
Nutritional poverty affects all parts of our society!

Creating an environment of respect and community leadership

- Culture of mutual respect and opportunities for participant to take the lead

Meeting people where they are at

- Providing for immediate needs in a way that that respects peoples world view
- Cooking, gardening and canning together

Connecting directly with farmers

- Cost Share Community Supported agriculture (CSA)
- Offering to pay farmers for their surplus
- Gleaning



# Affordable Good Food

- Community Food Smart & Fresh For Less - [A partnership between food distributors and community members to make fresh food affordable and accessible](#)
- Cost Share CSA – [Subsidised CSA shares belonging to food banks](#)
- Farmers market coupon program research





# Seeds Saving – A quiet act of Defiance...

- Inventaire de 40 semences adapter a notre climat locale et connecter avec les personnes et familles qui les sauvegardent
- Développement de ressources, d'ateliers (les petits semenciers d'ici) pour apprendre comment sauvegarder nos écosystèmes comestibles
- Construction, réparations d'équipement disponible au publique pour la sauvegarde des semences
- Bibliothèque de semences



# **Southeast NB Food Pledge**

## **Engagement Alimentaire du Sud-Est NB**

**Health**

**Education**

**Sustainable Economic  
Development.**

**Environment**

**Culture**

**Social Justice**

**Santé**

**Éducation**

**Développement  
économique durable**

**Environnement**

**Culture**

**Justice sociale**

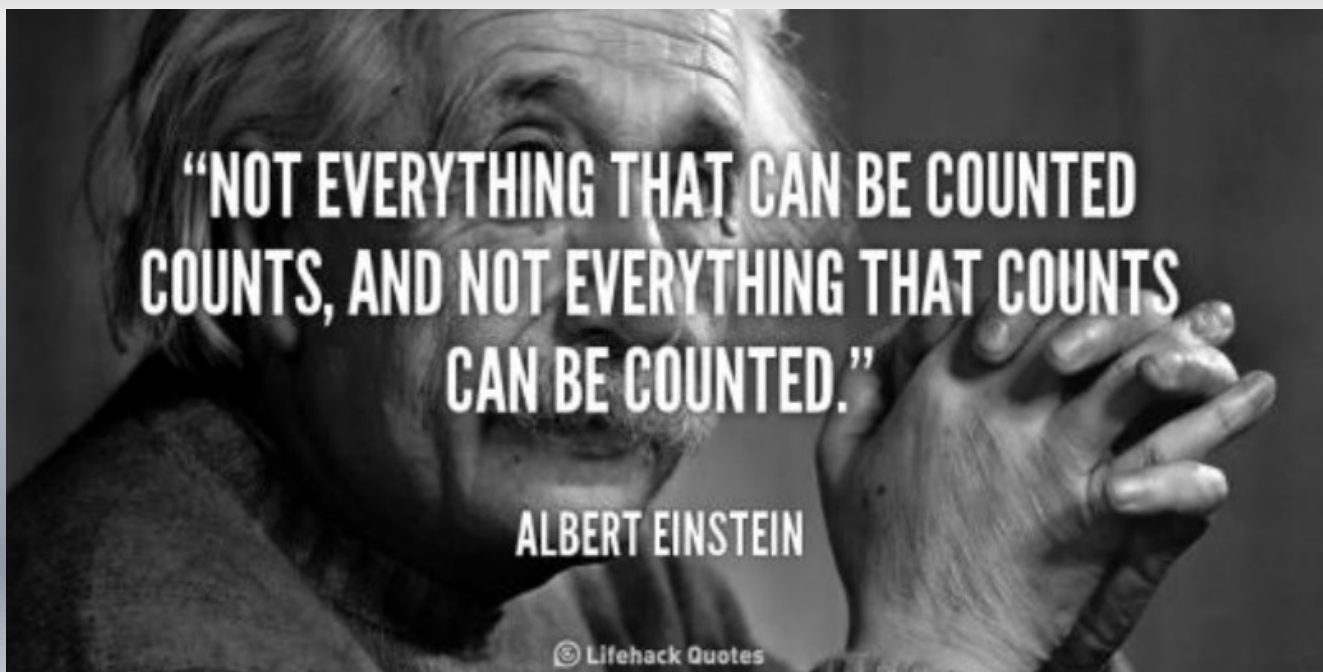
***Is our region truly benefiting from our food system?***

***Est-ce-que notre région profite vraiment de notre  
système alimentaire?***



# How we measure will define what we accomplish

- Measuring the social and health impacts of nutritional poverty
- Changing how service providers measure their success
- Redefining the measures our decision makers use
- Influencing Policy — Giving good food it's rightful place in the mandates of municipalities, branches of the government such as Agriculture, Health, Education, Environment to name a few...



**If it's inaccessible to the poor it's  
neither radical nor revolutionary**

